

Ripped from the ROUNDUP

Ripped straight from the pages of old Space News Roundups, here's what happened at JSC on this date:

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The way was opened for the first manned Gemini mission when the GT-2 flight went off as scheduled on January 19 from Cape Kennedy, under clear skies on a somewhat cool Florida day. The spacecraft reached a speed of 16,708.9 miles per hour on the flight that landed about 25 miles north of its intended target, the USS *Lake Champlain*.

Christopher Kraft Jr., operations director for the flight, called the flight, "very successful." Charles Mathews, manager, Gemini Program Office, said the first manned Gemini flight would probably be within three months following the successful GT-2 flight. Virgil Grissom and John Young will be the two astronauts who will take the first manned Gemini flight.

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The eight Soviet Union cosmonauts in training for the Apollo/Soyuz Test Project arrived at JSC earlier this week and are currently undergoing a two-week training program with the American prime and backup crews.

The training programs include exercises in the Command and Docking Module simulators and mockups; joint language training; briefings on experiments, contingencies and mission rules and related activities.

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Over the Pacific Ocean in the void of space, two 100-ton spacecraft orbited within 37 feet of each other Monday as the Space Shuttle *Discovery* and the Russian Space Station Mir completed a historic rendezvous.

The rendezvous and flyaround set the stage for the linkup of *Atlantis* to Mir four months from now in the first of seven planned dockings as part of the first phase of a joint cooperative program between the U.S. and Russia.

Discovery carefully edged alongside Mir to its closest point of approach at 1:20 p.m. CST Monday following a three-day chase that began with a sky-lighting launch in the wee hours February 3.



Dedicate it to the one you love...

Did you miss your chance last year to have a badge made showing co-workers why you work safely? Here is your second chance.

Just bring a 2" by 2" photo to the Bldg. 3 or Bldg. 11 cafeteria between 11 a.m. - 2 p.m. Monday, February 14th, (Valentine's Day, hint hint).

Larger photos can be trimmed down at the site.

This service is sponsored by the JSC Safety Action Team in its ongoing effort to increase safety awareness for employees at work and at home. Employees will be limited to one badge. ♥

JSC Cafeteria Box Lunch Bonanza only \$4.95

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Ham, Turkey or Roast Beef
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Pickle Spear

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Veggie Sandwich
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GILRUTH CENTER NEWS

Sign up policy:

All classes and athletic activities are on a first-come, first-served basis. Sign up in person at the Gilruth Center and show a yellow Gilruth or weight room badge. Classes tend to fill up two weeks in advance. Payment must be made in full, cash or by check, at the time of registration. No registration will be taken by telephone. For more information, call x33345

Gilruth badges:

Required for use of the Gilruth Center. Employees, spouses, eligible dependents, NASA retirees and spouses may apply for photo identification badges from 7:30 a.m.-9 p.m. Monday-Friday and 9 a.m.-2 p.m. Saturdays. Cost is \$10. Dependents must be between 16 and 23 years old.

Open from 6:30 a.m.-10 p.m. Monday-Thursday, 6:30 a.m.-9 p.m. Friday, and 9 a.m.-2 p.m. Saturday. Contact the Gilruth Center at (281) 483-3345.
<http://www4.jsc.nasa.gov/ah/exceaa/Gilruth/Gilruth.htm>

Nutrition intervention program: Six-week program includes lectures, a private consultation with the dietitian and blood analysis to chart your progress. Program is open to all employees, contractors and spouses. For details call Tammie Shaw at x32980.

Defensive driving: One-day course is offered once a month at the Gilruth Center. Pre-registration required. Cost is \$25. Call for next available class.

Stamp club: Meets every second and fourth Monday at 7 p.m. in Rm. 216.

Weight safety: Required course for employees wishing to use the Gilruth weight room. Pre-registration is required. Cost is \$5. Annual weight room use fee is \$90. The cost for additional family members is \$50.

Exercise: Low-impact class meets from 5:15-6:15 p.m. Mondays and Wednesdays. Cost is \$24 for eight weeks.

Step/bench aerobics: Low-impact cardiovascular workout. Classes meet from 5:15-6:15 p.m. Tuesdays and Thursdays. Cost is \$32 for eight weeks. Kristen Taraszewski, instructor.

Yoga: Stretching class of low-impact exercises designed for people of all ages and abilities in a Westernized format. Meets Thursdays 5-6 p.m. Cost is \$32 for eight weeks. Call Darrell Matula, instructor, at x38520 for more information.

Ballroom dancing: Classes meet Thursdays from 6:30-7:30 p.m. for beginner, 8:30-9:30 p.m. for intermediate and 7:30-8:30 p.m. for advanced. Cost is \$60 per couple.

Country and western dancing: Beginner class meets 7-8:30 p.m. Monday. Advanced class (must know basic steps to all dances) meets 8:30-10 p.m. Monday. Cost is \$20 per couple.

Fitness program: Health-related fitness program includes a medical screening examination and a 12-week individually prescribed exercise program. For details call Larry Wier at x30301.

Aikido: Martial arts class for men and women meets 5-6 p.m. Tuesdays and Wednesdays. No special equipment or knowledge is needed to participate. Aikido teaches balance and control to defend against an opponent without using strength or force. Beginning and advanced classes start each month. Cost is \$35 per month.

TICKET WINDOW

The following discount tickets are available at the Exchange Stores

General Cinema Theaters	\$5.50
Sony Loew's Theaters	\$5.50
AMC Theaters	\$5.00
Moody Gardens (2 events) (does not include Aquarium Pyramid)	\$10.75
Moody Gardens (Aquarium only)	\$9.25
Space Center Houston adult . . \$11.00 child (age 4-11) . . .	\$7.25
(JSC civil service employees free.)	
Space Center Houston annual pass	\$18.75
Postage Stamps (book of 20)	\$6.60

Please bring your driver's license to pay by personal check.

Exchange Store hours

Monday-Friday
Bldg. 3 7 a.m.-4 p.m.
Bldg. 11 9 a.m.-3 p.m.

- All tickets are nonrefundable.
- Metro tokens and value cards are available.
- Franklin Planners now available.

For additional information, please call x35350.